

Self Discovery & Awakening

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GAMEOFLIFE

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“Living Your Grandest Desire”™

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Percell R St Thomass, CPC, CPS / CEO

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Empowerment Teacher

Life & Wellness Coach

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- Enrichment Workshops
- Seminars
- Motivational Speaker
- Certified Life/Relationship Coach
- Spiritual Wellness Counselor

FREE 30 minute consultation

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Welcome to Your Better Life

From Paris to New York to Maui to the MS Gulf Coast, life has been a virtual cornucopia.

A seemingly inherent blessing to see, know, and understand things past what meets the eye, along with well-earned degrees and a temporal rebelliousness to match, have been the harvests which have filled that horn.

I have and, in fact, am proof that sometimes in life there will be things which are undeniable yet defy all understanding. To this, it is my driven desire to help guide those, who think that life has become outside of their control, back to a place where they can

- ♦ think past what they have learned,
- ♦ trust beyond what they understand,
- ♦ and believe in something greater

And, ultimately, "Live Their Grandest Desires".

"Life Can Be Hard ; Living It Does Not Have To Be".™

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"The Greatest Journey You Can Ever
Take is to Live The Life of Your
Dreams"

Discovery & Realization

For the first years of my childhood, I lived in the most famous and hustling and bustling cities of the world. I grew up living and loving the city life. Buses, trains (the metro, or subway in the US), the theatre, the restaurants, and overcrowded streets with people always rushing for no real reason; this was the life.

By my mid thirties, I had travelled extensively and experienced many varying things, cultures, and beliefs. I had studied many religions.

I had visited many places that were supposed to be 'natural energy' and spiritual vortexes'. Yet, one day, as I stood at the beach at home on Maui, something suddenly became crystal clear; as if a heavy and dark veil had been lifted from me .

I felt a peace that I had never felt before. Not only were the surroundings calm and tranquil despite the locals and tourists going about their lives, but I was at peace inside. I learned that

I am a city person, but a beach spirit.

Who Am I?

Really

Who we are is a discovery well worth knowing; and, despite the painfully obvious, many of us do not.

Oh, we know whether we are basically good or basically a jerk; tall / short, fat / thin, or, like spaghetti or macaroni. But, these are attributes and traits... not 'Who' we are.

It is not enough to defend or justify our thoughts, words, and deeds (actions) by saying, "That's just the way I am", without knowing why.

Further, simply because you might enjoy, or even prefer, the horns, the noise, the city lights... let's ask the question, "What makes you feel as if all of the world's problems have mysteriously vanished; and, when you close your eyes, and take that one long and slow deep breath in... pause, then, out... that nothing in life could ever fill you with such joy, peace, happiness, contentment, and love?

In that moment, what connects your very soul to the rest of the world?

What am I? *Really*

What we are is a discovery well worth knowing; and, despite the painfully obvious, many of us do not. What we are differs from who we are, and sometimes the differences are vast, and almost always completely unknown to even ourselves. How do we know?

Our very language is a great part of the confusion. When asked our age, we respond by saying, "I am... 5, 15, 37, 60". When asked how we feel, we say, "I am... fine. Ill, happy." When asked what we do, we reply, "I am... a nurse, fireman, clerk, CEO".

"I am" seems to define what we are; yet, it does not. We 'have' a certain number of years, 'feel' a certain way, and, 'do' a certain job. Neither actually defines what makes me that which "I am"?

What; connects your soul to the rest of the world; makes you want to wake up in the mornings, feel Life, drives you, motivates you, won't let you stop ?

Emotions are uncontrollable; what are yours, and why?

This is your 'What You Are' !

30 Discovery Questions

Find a quiet place to do this part. Try not to have even your favorite music playing softly in the background. Everything in your life has worked together to create the version of you that you think you are. Silence, without distraction, will allow you to focus only within.

Take your time. Even your thoughts are not totally your own.

They are a summation of everything that you have been told, shown, and guided to believe by someone else ever since you were born.

When we are told to, “Make up your mind.”, we do so with the information, feelings, and directions of someone else’s beliefs.

This brainstorming process is perhaps your first opportunity to

- clear the mind
- reflect on each question from a totally innate and alone point of view
- create your own conclusions
- possibly discover a new you

Go Deep !!!

01

I am most comfortable being a

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Spectator

Participant

Leader

Thoughts:



02

My greatest fear is

Meaninglessness or Unworthiness

Loss or Abandonment

Mediocrity or Being wrong

Thoughts:



03

I focus most on

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Others

The greater good

Myself

Thoughts:

04

The areas most important to me are

Expression, Meaning, Purpose, Service

Survival, Control, Security, Money

Understanding, Learning, Processing / Thinking

Thoughts:



05

The areas least important to me are

Expression, Service, Attraction

Abundance, Present, Past, Future

Understanding, Learning, Change

Thoughts:



06

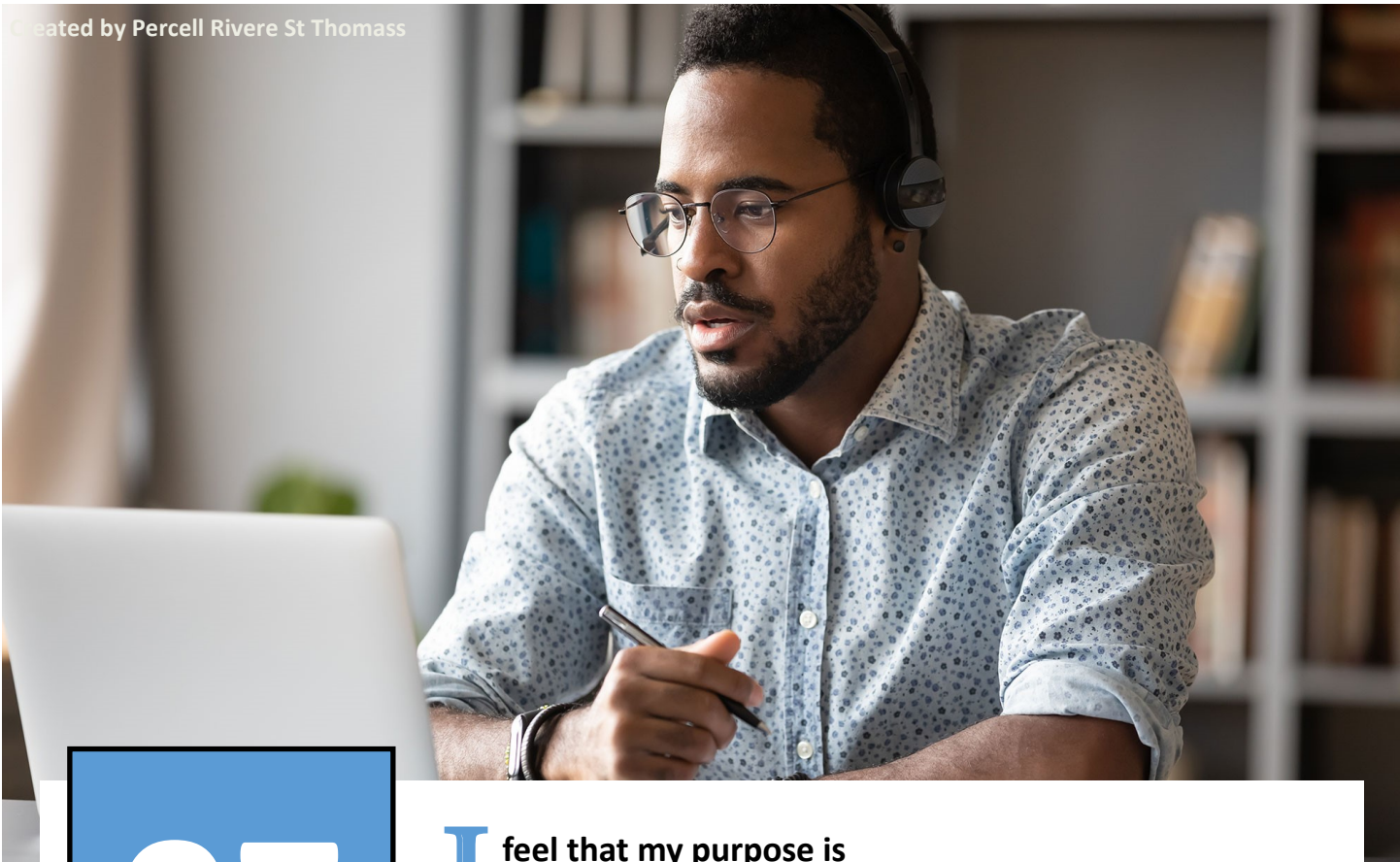
In life, I often experience

Chaos, Emotional reaction, Negativity

Pro-activity, Control, Synchronicity

Purpose, Rhythm, Beauty, Flow

Thoughts:



07

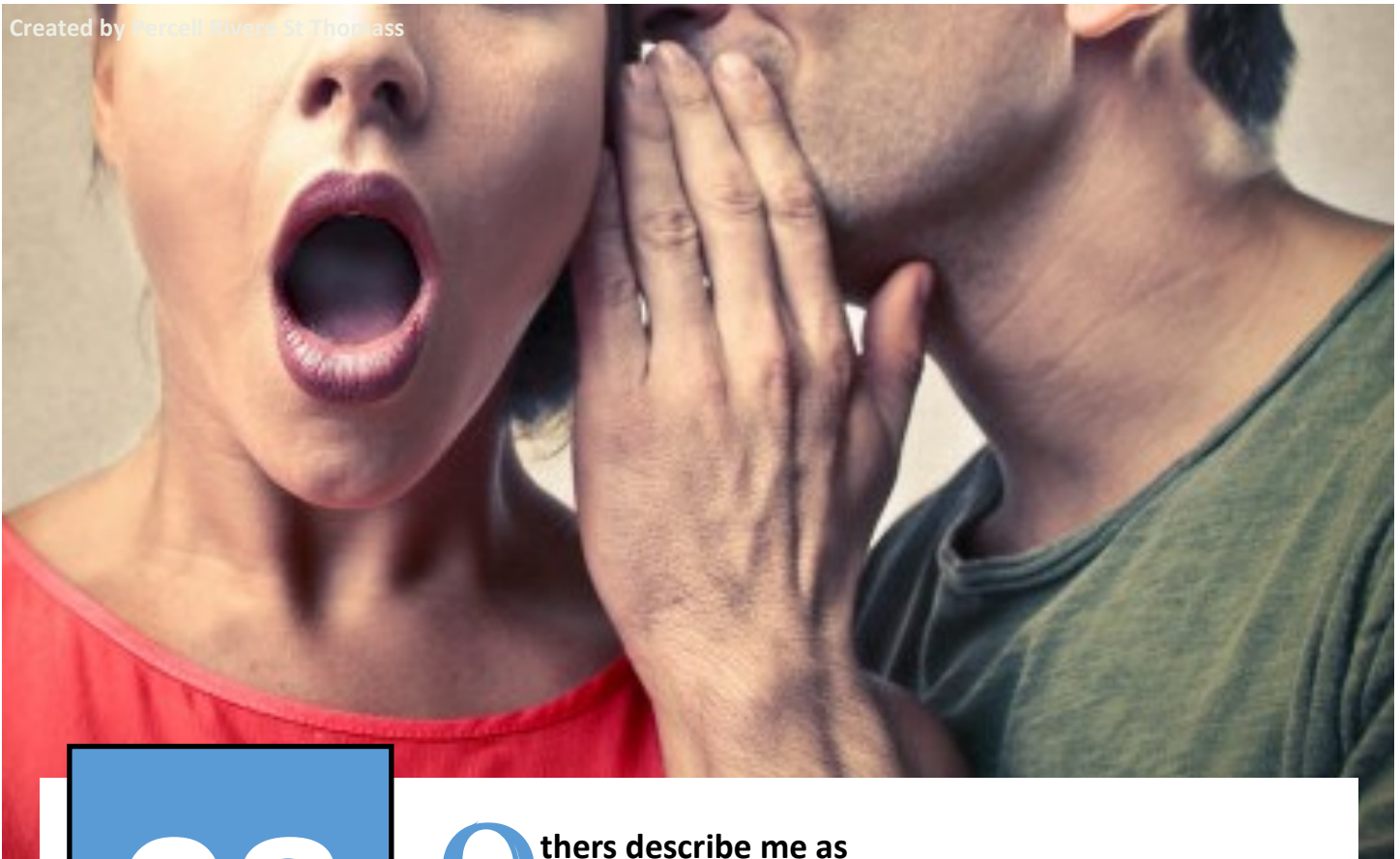
I feel that my purpose is

Servitude and compassion

Change and growth

I don't really know

Thoughts:



08

Others describe me as

Instinctive, Follower, Habitual, Reactive

Intuitive, Guiding, Truthful, Loving

Aware, Intelligent, Metaphoric, Conceptual

Thoughts:



09

I describe myself as

Asking questions and seeking independence

Having a strong confidence and ego

Spiritually aware, Serving a Higher Purpose (God, Allah, Supreme Being, etc)

Thoughts:



10

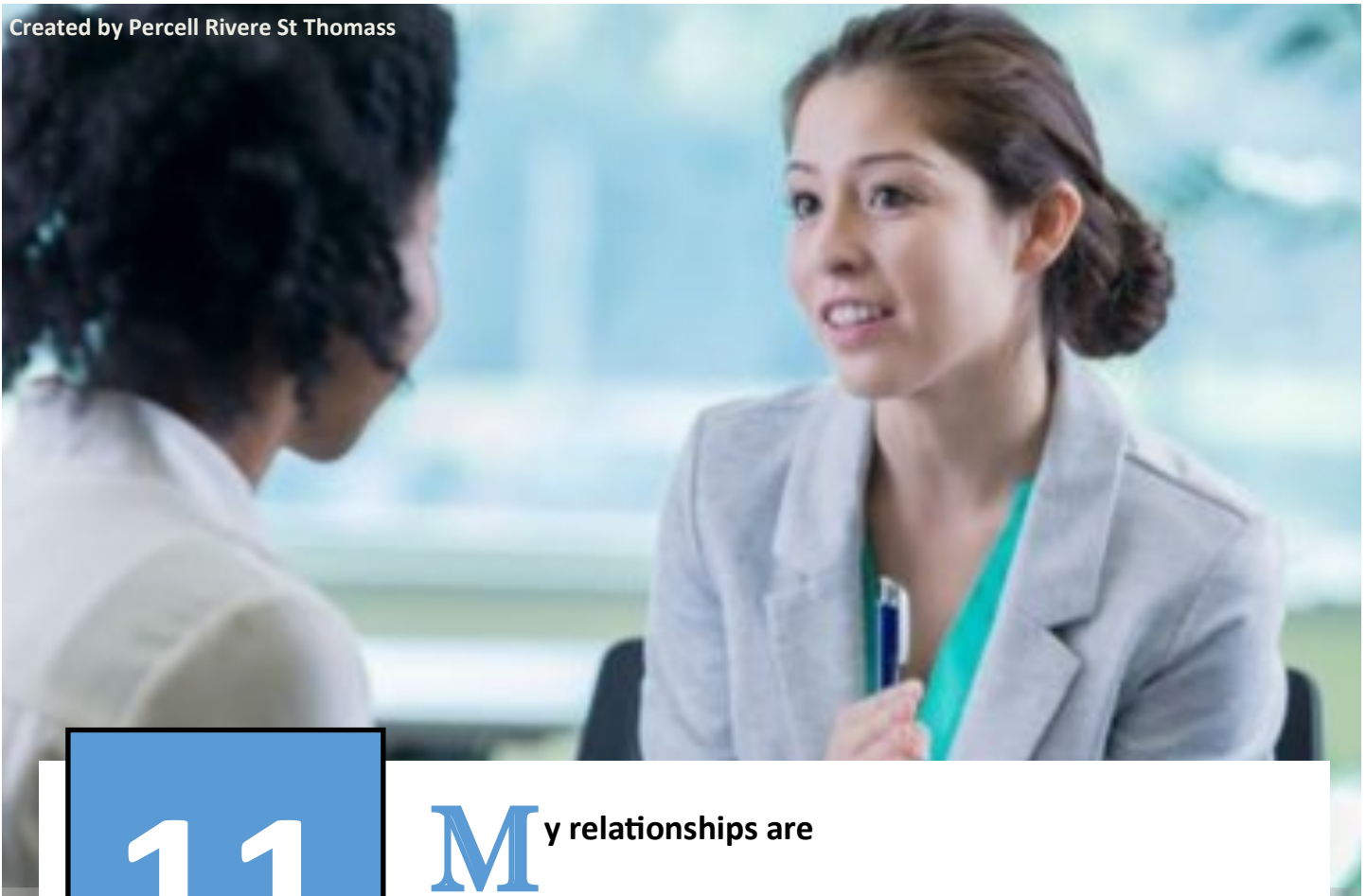
I am searching for

Helping others, Service, Healing, Teaching

Health, Energy, Love, Understanding, Goodness, Truth

Rich possessions, A good image, Happiness, Power, Self-Made Fame and Fortune, and Respect

Thoughts:



11

My relationships are

Personal - Independent
Business - Independent
Personal - Co-dependent
Business - Co-dependent

Thoughts:

12

My will-power is

Forceful, Self willed

Goodwill, God's Will

Group will

Thoughts:



13

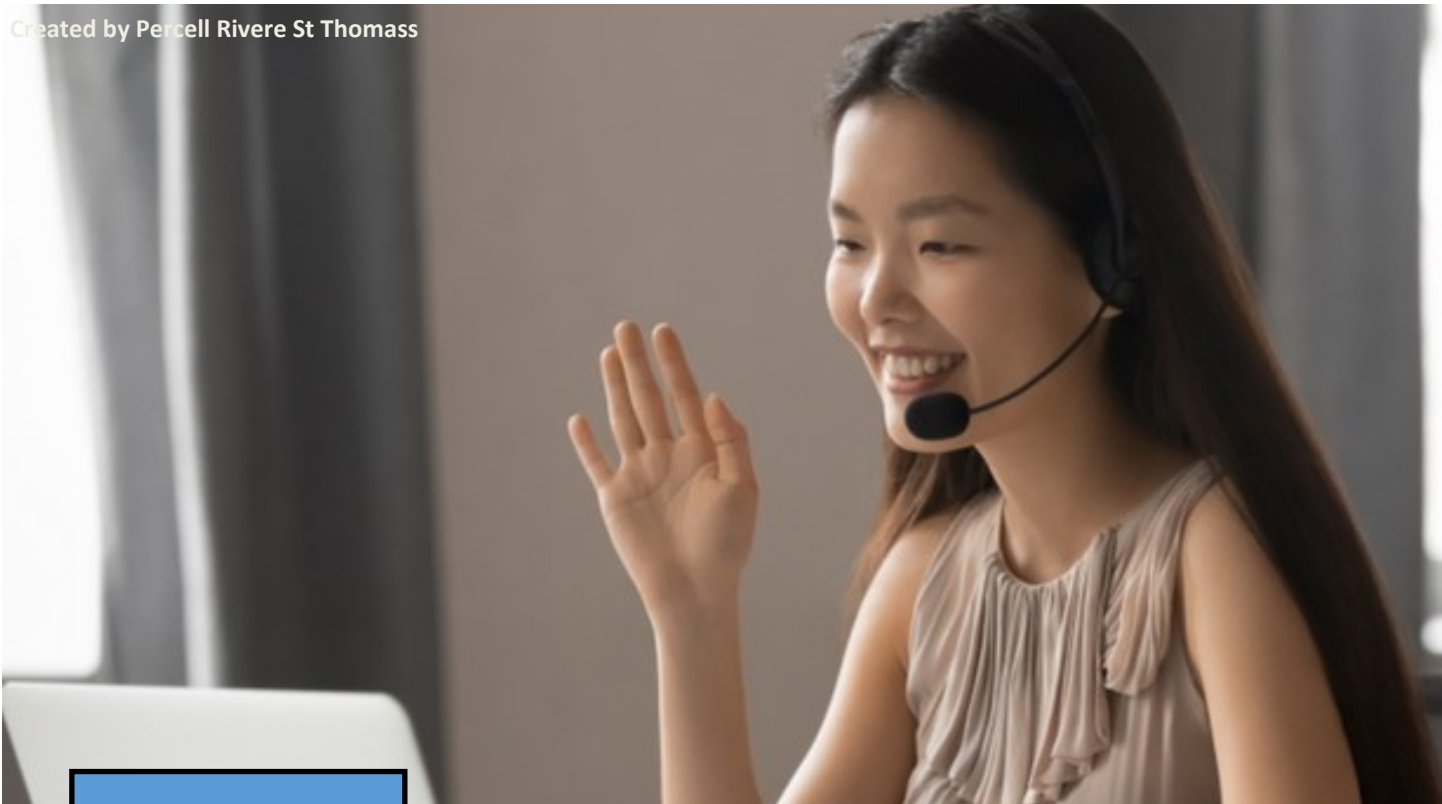
My thinking tends to be

Creative, Imaginative, Spontaneous

Habitual, Routine, Logical

Guided, Natural, Flowing, Intuitive

Thoughts:



14

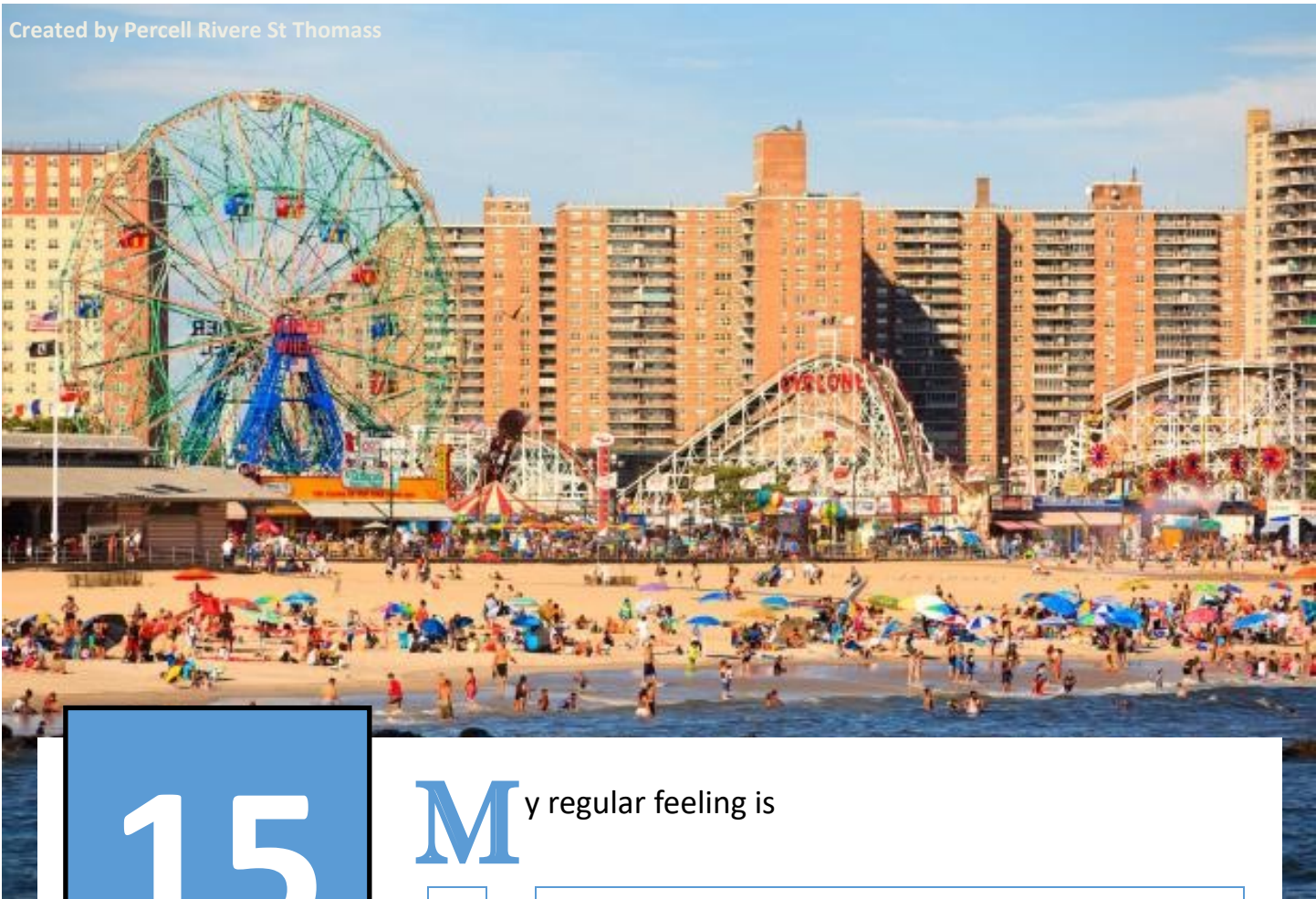
I spend much time

Coping, Surviving

Leading, Strengthening

Being, Allowing

Thoughts:



15

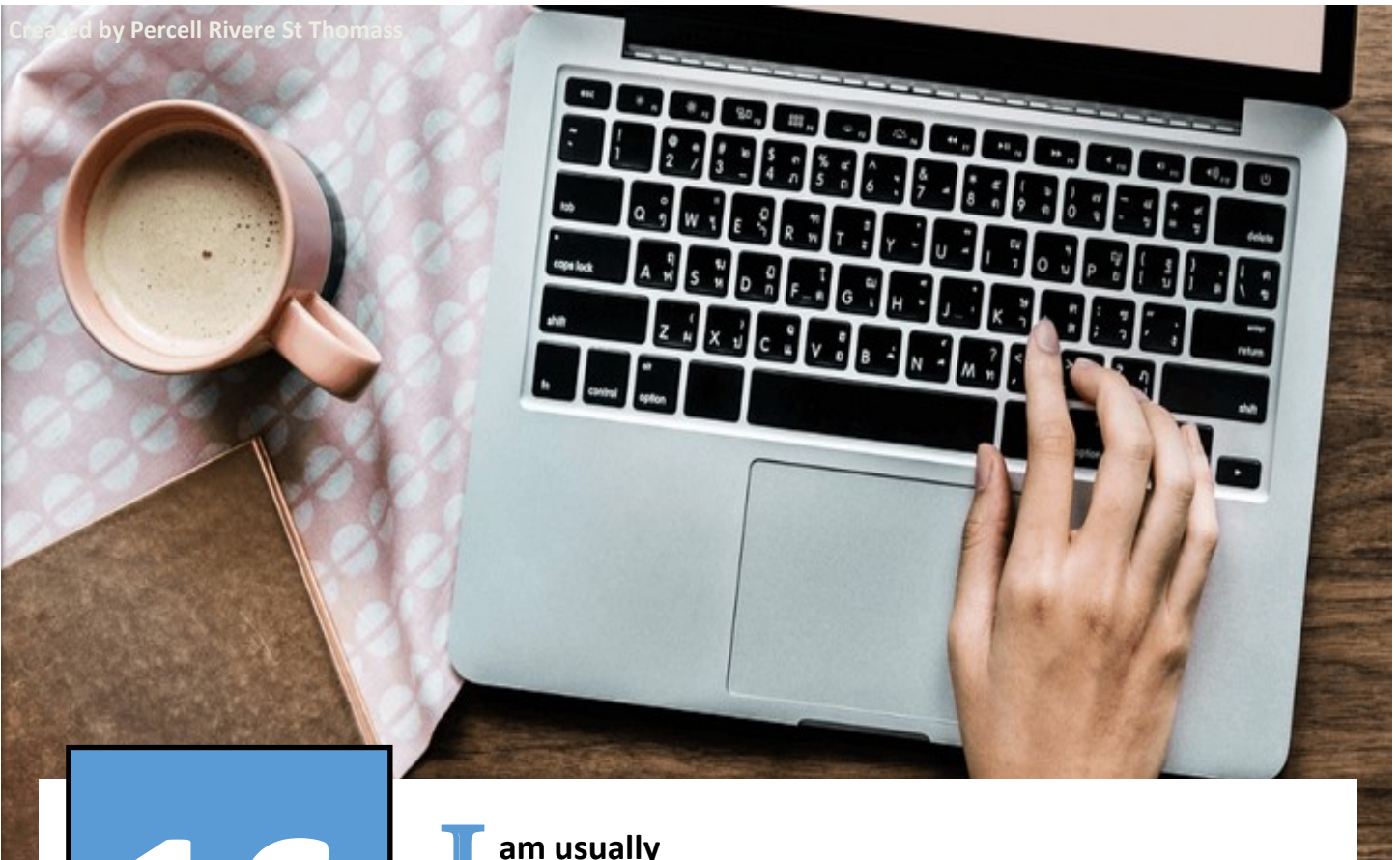
My regular feeling is

I create life

I live life

Life creates me

Thoughts:



16

I am usually

Bored

Average

Enthusiastic

Thoughts:



17

My life seems unimportant

☐

Agree

☐

Average

☐

Disagree

Thoughts:

The Game of Life

and How to Play It

18

I have talent and know how to make a meaningful contribution to the world

☐

Agree

☐

Average

☐

Disagree

Thoughts:



19

I know and understand what gives my life meaning.

Agree

Average

Disagree

Thoughts:

20

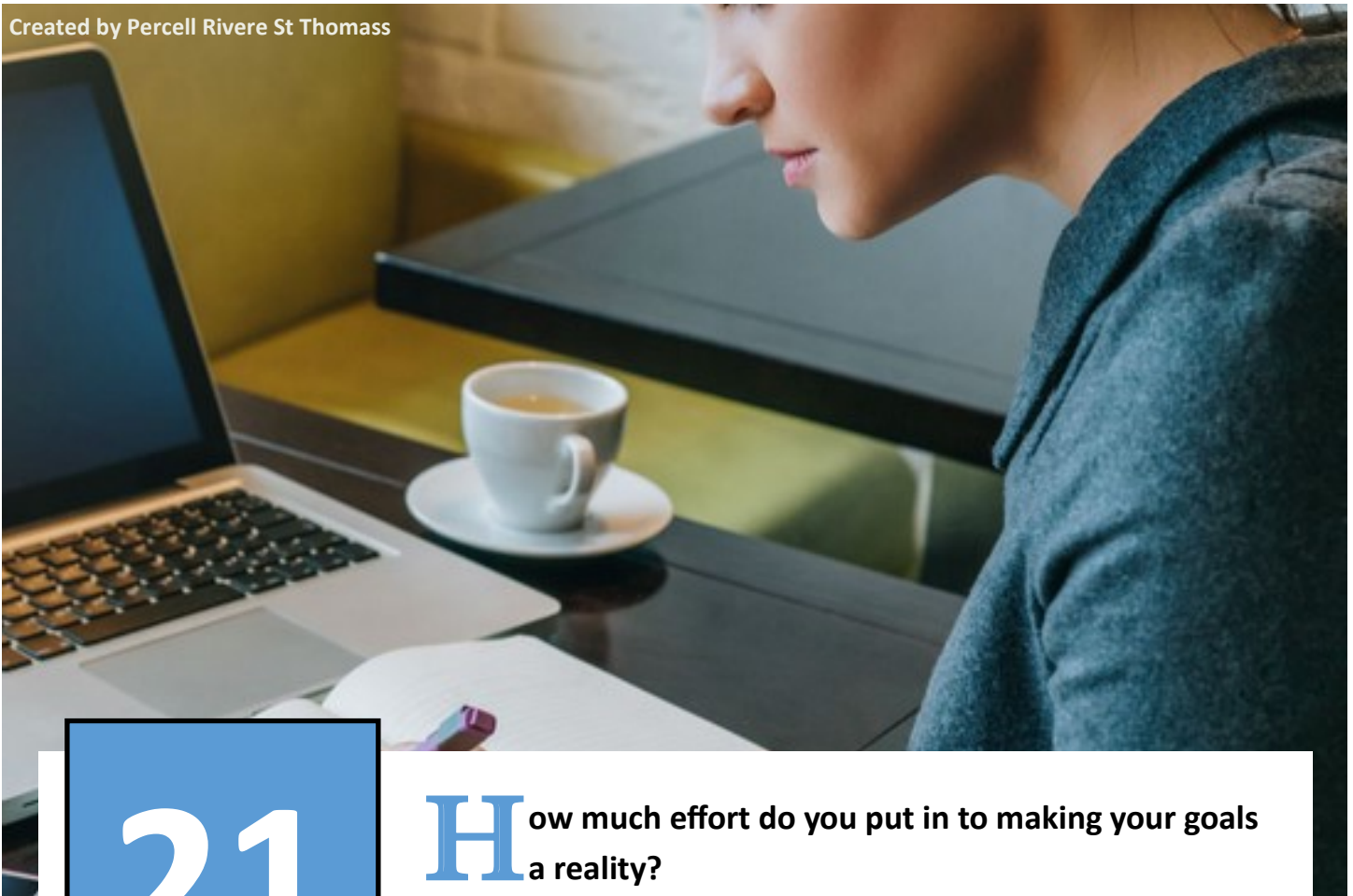
My purpose in life is

To be a good person, parent, spouse, helper

To guide and teach others to be their best selves

To build or do something that will change the world

Thoughts:



21

How much effort do you put in to making your goals a reality?

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Some

Average

More than 40 hours per week

Thoughts:

<hr/>
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LET TODAY
BE THE
START OF
Something New

22

Do your current plans excite you?

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

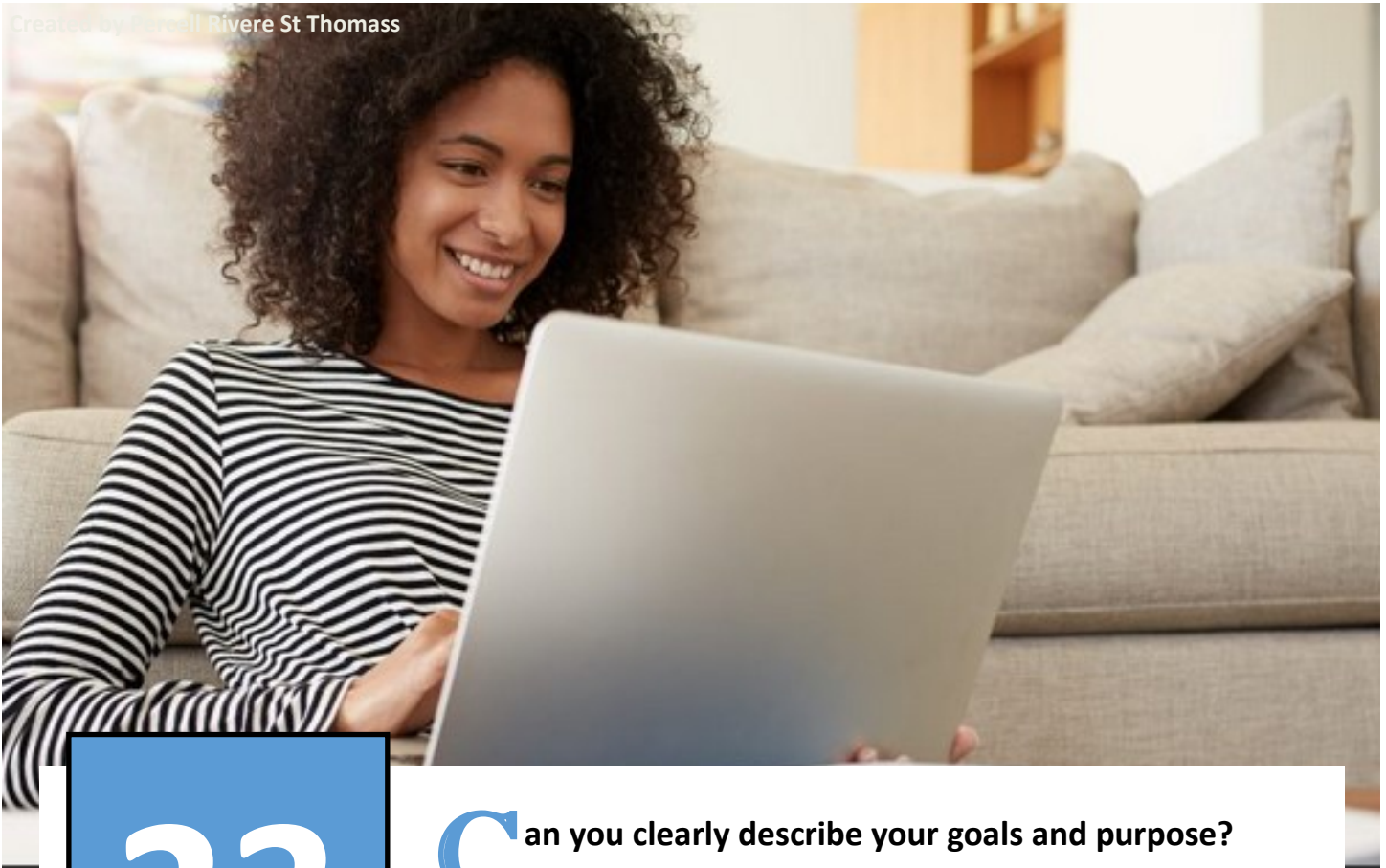
It's a lot of work

They interest me

Yes, a great deal

Not at all; need something new

Thoughts:



23

Can you clearly describe your goals and purpose?

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Not very well

Somewhat

Absolutely

Thoughts:

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24

How do you handle failure?

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input checked="" type="checkbox"/>

Not well

I struggle through and might eventually get past it

I see it as a learning experience and use it to move forward.

Thoughts:

<hr/> <hr/> <hr/> <hr/> <hr/>



25

If you knew that you would not fail, you would

A.
B.
C.

Thoughts:



The Next Step

This guide gets you brainstorming who and what you truly are in order to discover your true purpose. It is a prerequisite to a good Life Purpose Coaching Program. Let's go 'All the Way!'

"Living Your Divine Life"SM, my signature 90-day life learning accelerator, is an extensive dive into

discovering your true self and achieving your life's desires.

You will no longer defend or justify thoughts, words, feelings, and actions by saying, "That's just the way I am", without knowing why.

Schedule a **FREE Discovery Session;**
<https://zcal.co/pstcoaching/consult>.

Taking back control of your everyday life

Mentally

rethinking the way we think

Emotionally

sadness, anger, anxieties, trust

Physically

the effects of the ME wellness on our bodies

Spiritually

understanding and believing in something greater



Chat with Me

"Life can be hard; Living it does not have to be."

Psychologist, Motivational Speaker Life & Wellness Coach Empowerment Teacher Author

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Is this right for you?

If you seek

- ♦ a deep dive into knowing yourself better than you ever have.
- ♦ your life's purpose or living the life of your greatest desires
- ♦ a life coach whom is knowledgeable, experienced, and dedicated to helping others to learn how to live their best lives

then, Yes, **"Living Your Divine Life - Take Back Control of Your Life in 90 Days"** is the right next step for you.

Schedule a **FREE** Discovery Session; <https://zcal.co/pstcoaching/consult>.

OR

Enroll NOW with a **50% Off** discount. Call 601.329.5808 with code "MDL22" !!!

www.percellstthomass.com



<https://zcal.co/pstcoaching/consult> (1 complimentary)

<https://zcal.co/pstcoaching/discovery> (1 hr regular)

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